



## RULE 59 FOR LIFE THREATENING ASTHMA & ANAPHYLAXIS

Treatment should be given when an individual is showing signs of distress & one or more of these symptoms are present:

- Difficulty breathing
- Throat tightness (feeling throat is closing)
- Only speaking 1-2 words
- Wheezing
- Fast heartbeat / pulse
- Hives / skin rash / swelling
- Nausea / vomiting / diarrhea
- Cyanosis (turning blue)
- Trouble swallowing
- Passing out

### EMERGENCY PROTOCOL – BE PREPARED TO ADMINISTER CPR IF NECESSARY

- 1 Call 911.
- 2 Summon school nurse OR trained staff to implement emergency protocol.
- 3 Check airway/patency, breathing, respiratory rate and pulse.
- 4 Administer medications in this order:
  - First use epinephrine auto injector
    - Use epinephrine auto injector junior for children **under 60 pounds**
  - Then nebulized albuterol
- 5 Determine cause as quickly as possible.
- 6 Monitor vital signs (pulse, respiration, etc.).
- 7 Contact parents immediately and prescribing health care practitioner as soon as possible.
- 8 Any individual treated for symptoms with epinephrine at a school will be transferred to a medical facility.

*If symptoms persist, repeat epinephrine auto injector followed by nebulized albuterol every 15 minutes while awaiting EMS arrival.*